

# All In My Mind?

For Immediate Release:

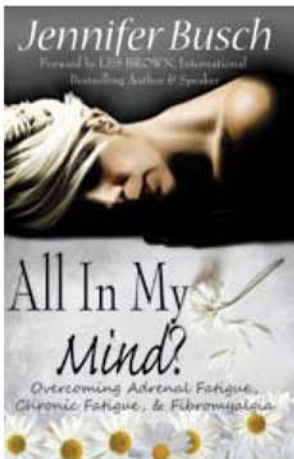
## 80% of Population Suffer Symptoms of Adrenal Fatigue

Fort Wayne, Indiana, May 15, 2010 – The World Health Organization now recognizes adrenal fatigue as a devastating syndrome and estimates indicate at least 80% of the population suffers its symptoms at some point in their lives. Adrenal Fatigue, along with related syndromes such as chronic fatigue and fibromyalgia, is a stress induced illness which results from the constant and extreme stress most people now experience in their daily lives. Long ignored or dismissed by traditional medicine as a psychological problem, those who suffer these syndromes know that the physical pain and overwhelming fatigue are very real.

As one who has personally suffered the effects of adrenal fatigue, author Jennifer Busch relates in her book, *All In My Mind?*, the frustration at being dismissed by doctors and how devastating it can be. "It was very disconcerting to be dismissed and told to 'get some rest' or be prescribed antidepressants for a problem that was clearly physical." Jennifer shares her own story of persistence and advocacy for her health and encourages others to pursue the same path, "The truth is that the medical community doesn't have all the answers to our medical issues. When you know something is really wrong, you must continue to seek options and opinions until you find what works for you. Don't assume that your doctor is always right."

As each generation moves toward a faster pace and higher stress level, this type of syndrome will become increasingly prevalent affecting even our children and teens. Adrenal fatigue and related syndromes have the capability of decreasing productivity and stealing the enjoyment of life from millions of people. The hardest part of the syndrome is that sufferers can be convinced that there is no hope, but Jennifer Busch is committed to sharing the news that there are people who care and can help if you are persistent.

### About Jennifer Busch



Jennifer E. Busch went to work for *The American Chiropractor* magazine right out of high school. She worked up the ladder of the business from assistant to the publisher, to national marketing manager and finally to general manager. Jennifer married Dr. Richard E. Busch III, in 1996 and together they founded and developed a leading chiropractic clinic that is now nationally recognized for a successful and non surgical treatment, the DRS Protocol™, for severe and chronic disc conditions. Jennifer credits her strong faith and will to survive for her success and though there are still occasional setbacks, she is dedicated to overcoming adrenal fatigue and living the best life possible. Jennifer lives with her husband and her two children in the Fort Wayne, IN area.

You can visit her website at [www.jenbusch.com](http://www.jenbusch.com)

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